THE GOWITHTED COOKBOOK New recipes added for 2024

- V Vegetarian recipe
- Vegan recipe
- Mv Meat recipe, with a vegetarian version mentioned in the text
- V

 Vegetarian recipe, with a vegan version mentioned in the text

		Page
1 Sauces and chutneys		16
Almond sauce	V	27
2 Snacks, starters and tapas		47
(i) snacks – bread toppings and fillings		48
Mozzarella toast	V	58
(iii) starters		83
pani puri sauces and chutneys		88
(i) tamarind and date water	Ñ	88
(ii) coriander and nint water	Ñ	88
(iv) tapas		111
Scallops with olive oil, garlic and parsley sauce		124
4 Side dishes and salads		172
(i) side dishes		173
Aubergine with soy sauce	V	181
(ii) salads		183
Roast courgette salad	Ñ	201
Roasted red pepper salad		206
5 Main courses – vegetarian		209
(i) vegetable dishes		210
Slow-cooked aubergine with couscous	Ñ	217
Spicy braised aubergine	Ñ	219
Piquillo peppers, halloumi and mushroom couscous	٧	229
(ii) Indian vegetable dishes		231
Punjabi Tinda Masala	Ñ	237
(vi) pasta and pizza		277
Pasta alla norma (spaghetti, aubergines and tomato)	Vĩ	279
(viii) egg dishes		297
Masala omelette	٧	298

THE GOWITHTED COOKBOOK New recipes added for 2024

6 Main courses —fish, poultry and meat		309
(i) fish and seafood		310
Pan cooked haddock with chermoula		311
Haddock with red pepper bulgur		312
Seared scallops with lime and basil butter		315
Salmon omelette		324
(ii) poultry		339
Marinades for chicken:		364
(vi) tomato and tamarind marinade		365
(vii) red mojo marinade		366
(iv) other meats and cooked meats		384
Gnocchi, pancetta and mushrooms	Mv	387
Spaghetti with tomato sauce and nduja		388
7 Baking		399
Clootie dumpling	Mv	412